

# SPRING CLEANING

- Stock up on supplies
- Delegate tasks

## KITCHEN:

- Dust fan, light fixtures
- Check smoke detector
- Dust shelves, frames, decorations
- Dust/wipe ceilings, walls
- Sanitize light switches, handles
- Dust/vacuum curtains, blinds, etc.
- Wash windows
- Clean air vents, replace air filters
- Dust high surfaces (range hood, fridge, cabinets, etc.)
- Wipe out, reorganize pantry
- Wipe out, reorganize cabinets
- Wipe down cabinet doors
- Clean behind, under fridge/freezer
- Wipe out, reorganize fridge/freezer
- Wipe down fridge/freezer doors, sides, shelves, drawers, door seal
- Clean stovetop
- Deep clean oven
- Wipe out microwave
- Wipe down small appliances (Air Fryer, Instant Pot, Slow Cooker, etc.)
- Empty crumb trays in toasters & other appliances
- Wipe down, sanitize counters, islands, tables
- Clean, wipe down dishwasher
- Deodorize, degrease kitchen drain
- Disinfect dish rags, brushes, sponges
- Check fire extinguisher, fire blanket
- Update first aid kits, medicine cabinet
- Shake out mats, rugs
- Wipe down Baseboards
- Sweep, vacuum, mop floors

## LIVING ROOM:

- Dust fan, light fixtures
- Check smoke detector
- Dust shelves, frames, decorations
- Dust/wipe/vacuum ceilings, walls
- Sanitize light switches, handles
- Dust/vacuum curtains, blinds, etc.
- Wash windows
- Clean air vents, replace air filters
- Dust/vacuum lamp shades
- Dust, brush, or polish furniture
- Vacuum upholstery, furniture crevasses
- Wash pillows, blankets (steaming if possible)
- Wipe down baseboards
- Vacuum and shampoo or mop and wax floors

## DINING ROOM:

- Dust fan, light fixtures
- Check smoke detector
- Dust shelves, frames, mirrors, decorative items
- Dust/wipe/vacuum ceilings, walls
- Sanitize light switches, handles
- Dust/vacuum curtains, blinds, etc.
- Wash windows
- Clean air vents, replace air filters
- Vacuum lamp shades
- Dust, brush, or polish furniture
- Dust china, cabinets
- Wash, press table linens
- Organize cabinets, drawers
- Polish silver
- Wipe down baseboards
- Sweep, mop or vacuum, shampoo floors

# SPRING CLEANING

## OFFICE:

- Dust fan, light fixtures
- Check smoke detector
- Dust shelves, frames, decorations
- Dust/wipe ceilings, walls
- Sanitize light switches, handles
- Dust/vacuum curtains, blinds, etc.
- Wash windows
- Clean air vents, replace air filters
- Dust/vacuum lamp shades
- Dust shelves, books, electronics
- Organize paperwork
  - Recycle    File    Shred
- Sanitize remotes, keyboards, mouse, all touch technology
- Wipe down baseboards
- Sweep/vacuum floors

## CLOSETS:

- Dust light fixtures, shelves
- Sanitize light switches, handles
- Purge unwanted clothing
- Store fall/winter clothes, accessories
- Replace any buttons, repair tears
- Wipe baseboards
- Sweep/vacuum floors

## LAUNDRY ROOM:

- Dust fan, light fixtures
- Check smoke detector
- Dust/wipe ceiling, walls
- Sanitize light switches, handles
- Wipe down washer, dryer
- Clean washing machine, empty trap
- Clean dryer lint trap
- Clean behind washer, dryer
- Organize laundry supplies
- Wipe baseboards
- Sweep, mop floor

## BEDROOM:

- Dust fan, light fixtures
- Check smoke detector
- Dust shelves, frames, decorations
- Dust/wipe ceilings, walls
- Sanitize light switches, handles
- Dust/vacuum curtains, blinds, etc.
- Wash windows
- Clean air vents, replace air filters
- Dust/vacuum lamp shades
- Dust shelves, books, electronics
- Organize drawers and closets
- Clean off tables, desks
- Clean, reorganize jewelry
- Wash all bedding and pillows
- Rotate mattress
- Clean under bed
- Disinfect toys, remotes, all technology

## BATHROOM:

- Dust fan, light fixtures
- Dust/wipe ceiling, walls
- Clean air vents, replace filters
- Sanitize light switches, handles
- Dust shelves, decorations
- Clean mirrors
- Clean, disinfect tub, shower, toilet
- Wash shower liners, curtains
- Clean, polish showerhead, faucets
- Clean countertops, sinks
- Wipe down organizers, soap dishes, toothbrush holders
- Purge old makeup, skin & hair products
- Clean makeup and hair brushes, combs, tools
- Update first aid kits, medicine cabinet

# SPRING CLEANING

## GARAGE:

- Declutter, wipe down, & organize tools, equipment, toys, etc.
- Make sure storage boxes, bins are labelled with contents
- Purge unwanted items
- Sweep/wipe ceiling, walls, door, door frame
- Wipe off countertops, shelves
- Clean light switches, light fixtures, garage door opener, buttons, etc.
- Hose down, wipe out recycling and trash bins
- Sweep floor (hose out if you can)
- Replace batteries in door openers

## BASEMENT:

- Organize stray items into boxes, bins
- Make sure all boxes/bins are labelled
- Check for, fix leaks
- Clean window wells
- Clean drains
- Check, replace pipe insulation
- Check for, treat pest infestations

## ATTIC:

- Organize stray items into boxes, bins
- Make sure all boxes/bins are labelled
- Purge unwanted items
- Dust any large items, cover if possible
- Clean vents
- Wipe/vacuum ceiling, beams, walls
- Throw away, replace old, moldy, or damaged insulation
- Find and seal any gaps, openings
- Check areas for pest infestation

## OUTSIDE:

- Remove debris, fallen limbs, etc.
- Clean gutters, check downspout is aimed away from foundation
- Check roof for damage, deterioration
- Check/replace caulking/weather stripping on windows
- Wash windows, window screens
- Sweep, pressure wash porches, decks, walkways, & outdoor furniture
- Reseal/repair decking, fencing
- Tighten/repair any loose hardware on doors, fixtures
- Check/repair/replace hoses, gardening equipment
- Clean vents, filters (dryer, HVAC, etc)
- Wipe down pots, decorative items
- Check/clean/replace outdoor lights

## TIPS:

- Enlist help! Delegate tasks to any family members or friends willing to help.
- Wear a mask to avoid breathing in too much dust.
- Designate boxes for donating, repairing, and throwing away. Add to these as you go from room to room, but make sure to deal with them immediately after you're finished!
- Use this as an opportunity to take care of home maintenance task like checking the sump pump, draining sediment from the hot water heater, and checking the water pressure to avoid more costly replacements and repairs.